## NORTH RALEIGH PEDIATRIC GROUP, P.A.

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## WHEN TO SEEK EMERGENCY CARE

It is hard to give exact instructions as to when to take your child to the Emergency Room. All children are different and some progress from an occasional cough to major asthma attack in a short period of time. You as the parent need to be vigilant when your asthmatic child is sick.

## General Guidelines:

- Your infant/child's quick acting medicine is not helping.
- Your infant/child is working hard to breathe (using abdominal muscles or sucking in the skin around the neck and/or ribs.
- Your infant/child's nostrils are opening wide every time they breathe in.
- Your infant/child cannot speak well because they have to stop to catch their breath.
- Your child will not walk because they do not have the energy.

## When to Call 911:

- Your infant/child's skin has a bluish/grey color or the lips or skin around the mouth and beneath the fingernails is blue.
- Your infant/child is struggling to take a breath.
- Your infant/child's body is limp.
- You have no other way to get your sick infant/child to the Emergency Room

